Fred Alldredge guide bio

Fred Alldredge began a guiding career on Mt. Rainer in 1993 and has been pursuing a life in the wild places of the world ever since. He has climbed and guided in the Alaska, the Himalayas, Antarctica, South and North America and Europe. In 2004 he began to work summers as a wildland firefighter for the Bureau of Land Management. Working his way up through the ranks he has operated on both Hotshot fire crews and as a rapid response helicopter deployed firefighter. He now contracts out all across the western United States to federal fire programs as an Incident Commander, Task Force Leader and Aviation Manager. These days when the fires aren't rolling Fred spends his off-season filling in as a lead guide at a premier helicopter skiing operation based in Nevada's Ruby Mountains and working with an Antarctic based logistics company as an aviation coordinator and safety advisor helping to train their staff in risk assessment and emergency response. He also does the odd side job for his friend Garrett Madison (like guiding and film projects on Mt. Everest).

"Looking back I realize that for more than two decades the common thread in my life has been the management of risk. Throughout all of these experiences run a set of fundamentals that keep people not only alive but also highly functioning in dangerous and dynamic environments. My passion now is to write and teach those fundamentals."

Fred Alldredge